

Progesterone Dosage		
Type of Progesterone	Cyclical Dosage (Not Daily)	Continuous Dosage (Daily)
Medroxyprogesterone Acetate	5 mg	2.5 mg
Micronized Progesterone	200 mg	100 mg
Norethindrone Acetate	5 mg	2.5 mg
Norethindrone	0.7 mg	0.35 mg
Progesterone Gel	45 mg every other day	Twice a week
Compounded Progesterone	200 mg	100 mg