

**Dosages & Regimens of Synthetic Pharmaceutical Estrogen Plus Progesterone  
for Menopause**

	<b>Higher Dosage</b>	<b>Lower Dosage</b>
<b>Cyclic Regimen</b>	Birth Control Pills Birth Control Patches	Cyclic HRT
<b>Continuous Regimen</b>	Continuous Birth Control Pills  Continuous Birth Control Patches	Continuous HRT