

Ability of Oral, Vaginal, & Transdermal Progesterone to Prevent Uterine Cancer

	Bioidentical	Synthetic
Oral	Worse	Better
Vaginal	Good	Good
Transdermal	Variable	Variable

Progesterone Summary

Progesterone Type	Bioidentical	Synthetic
Side Effects	Sedation	Moodiness
Prevention of Uterine Cancer		Best
Prevention of Breast Cancer	Best	
Prevention of Heart Attack	Best	