**Estrogen Dosages for Heart Attack Prevention**

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| **Type of Estrogen** | **Daily Dosage** | **Form of Estrogen** |
| **Conjugated Estrogen** | 0.625 mg | Pills |
| **Estradiol** | 1.0 mg | Pills |
| **Estropipate** | 1.25 mg | Pills |
| **Esterified Estrogen** | 0.625 mg | Pills |
| **Ethinyl Estradiol** | 0.01 – 0.015 mg | Pills |
| **Compounded Bi-Est** | 2.5 mg | Pills |
| **Compounded Tri-Est** | 2.5 mg | Pills |
| **Estradiol Hemihydrate** | 37.5 mg | Patches |
| **Transdermal Estradiol** | 0.05 mg | Patches  Gel  Lotion  Spray |
| **Estradiol** | 1.0 mg | *Femring* Vaginal Ring |