

Traditional Medicine Menopause Professionals

| Professional | Gynecologic Menopause Specialist (M.D. or D.O.) | General Gynecologist (M.D. or D.O.) | Obstetrician / Gynecologist (M.D. or D.O.) | General Internal Medicine (M.D. or D.O.) | Family Practitioner (M.D. or D.O.) |
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| Focus | General gynecology & Symptoms of menopause, & Diseases of aging | General gynecology & Symptoms of menopause, & Diseases of aging | Obstetrics, General gynecology, & Symptoms of menopause, & Diseases of aging | Symptoms of menopause & Diseases of aging | Symptoms of menopause & Diseases of aging |
| Means or Tools for treatment | Non-bioidentical hormones & (Bioidentical hormones) | Non-bioidentical hormones & (Bioidentical hormones) | Non-bioidentical hormones & (Bioidentical hormones) | Non-bioidentical hormones & (Bioidentical hormones) | Non-bioidentical hormones & (Bioidentical hormones) |
| Philosophy | Replacement of any deficient hormone restores the body to its optimal level of functioning | Replacement of any deficient hormone restores the body to its optimal level of functioning | Replacement of any deficient hormone restores the body to its optimal level of functioning | Replacement of any deficient hormone restores the body to its optimal level of functioning | Replacement of any deficient hormone restores the body to its optimal level of functioning |
| Symptoms relieved | Irreg. periods Hot flashes Night sweats Insomnia Fatigue Forgetfulness Mood swings Irritability Depression Cravings Breast pain Joint pain Dry skin Hair loss Hair growth Vaginal dryness UTI Incontinence Weight gain No sex drive Acne Headaches | Irreg. periods Hot flashes Night sweats Insomnia Fatigue Forgetfulness Mood swings Irritability Depression Cravings Breast pain Joint pain Dry skin Hair loss Hair growth Vaginal dryness UTI Incontinence Weight gain No sex drive Acne Headaches | Irreg. periods Hot flashes Night sweats Insomnia Fatigue Forgetfulness Mood swings Irritability Depression Cravings Breast pain Joint pain Dry skin Hair loss Hair growth Vaginal dryness UTI Incontinence Weight gain No sex drive Acne Headaches | Irreg. periods Hot flashes Night sweats Insomnia Fatigue Forgetfulness Mood swings Irritability Depression Cravings Breast pain Joint pain Dry skin Hair loss Hair growth Vaginal dryness UTI Incontinence Weight gain No sex drive Acne Headaches | Irreg. periods Hot flashes Night sweats Insomnia Fatigue Forgetfulness Mood swings Irritability Depression Cravings Breast pain Joint pain Dry skin Hair loss Hair growth Vaginal dryness UTI Incontinence Weight gain No sex drive Acne Headaches |
| Long-term disease risk reduction | Heart attack Osteoporosis Breast Ca Uterine Ca | Heart attack Osteoporosis Breast Ca Uterine Ca | Heart attack Osteoporosis Breast Ca Uterine Ca | Variable depending on level of expertise in menopause | Variable depending on level of expertise in menopause |

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| | Ovarian Ca Alzheimer's | Ovarian Ca Alzheimer's | Ovarian Ca Alzheimer's | | |
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