

### Savory Spices That Can Save Your Life

	Anti-Cancer	Anti-Radiation Damage	Anti-Oxidant	Blood Thinner	Anti-Gas	Anti-Nausea	Anti-Inflammatory	Anti-Depressant	Anti-Alzheimer's
<b>Turmeric</b>	+	+	+	+	+		+		
<b>Ginger</b>		+			+	+	+		
<b>Oregano</b>		+	+				+	+	
<b>Cloves</b>			+		+			+	
<b>Garlic</b>	+								
<b>Marjoram</b>	+								
<b>Cardamom</b>	+								
<b>Saffron</b>									+
<b>Cinnamon</b>		+						+	
<b>Nutmeg</b>								+	